Welcome to join the Digital Routine Evaluation 2026

This fall, **Digital Routine Evaluation is back!**

The digital routine evaluation offers clubs an opportunity for evaluation and skill development. Also, this year, teams will also undergo a rules review. You'll have clear training goals, receive feedback from our national and international licensed judges, and gain valuable preparation for the upcoming competition season.

All necessary information for the **2026 Digital Routine Evaluation** is included in this invitation.

Schedule

- Registration opens: September 1
- Registration closes: November 1
- Video submissions open: November 4
- Video submissions close: November 11
- Scores published: November 19
- Digital awards ceremony: December 2

Video Requirements & Upload Instructions

Guidelines for video content and upload procedures will be shared with registered clubs after registration closes.

Rules

All teams will be judged using ICU rules and score sheets. The following exceptions apply to all participating teams:

- Up to 32 athletes are allowed on the mat simultaneously.
- Age mixing is permitted (see "Categories" section for details).

ICU rules: https://cheerleading.se/tavlingar/regler-bedomning/tavlingsregler-tavlingsbestammelser/

Competition Floor

Use the equipment available in your training facility (e.g., full spring floor, partial mats, or standard flooring).

Levels

Teams are assessed by level (not division), meaning **age mixing is allowed**. The minimum age follows competition rules. *Example*: MVP Level 1 will be selected from all teams registered for Cheer Level 1.

Group Stunt, Partner Stunt, and Pom Double are included in their respective levels (Elite/Premier/Performance Cheer).

Available Categories:

- Showcase (e.g., Minis)
- Cheer Level 1 Novice
- Cheer Level 2 Intermediate

- Cheer Level 3 Median
- Cheer Level 4 Advanced
- Cheer Elite
- Cheer Premier
- Masters
- Special Abilities Unified Novice
- Adaptive Abilities Unified Median
- Special Abilities Unified Pom
- Adaptive Abilities Unified Pom
- Preparatory Pom
- Performance Cheer Pom
- Performance Cheer Hiphop
- Performance Cheer Jazz
- Hiphop Doubles
- Pom Doubles
- Group Stunt
- Partner Stunt

Licenses

To participate in a competing category, all participants and coaches must have an active insurance that covers competitive cheerleading.

Showcase Classes

Teams in this showcase category are not eligible for awards but will receive a diploma for participation. Feedback is provided on the same score sheets as other teams.

Scoring and Evaluation

On www.cheerleading.se you will find the scoresheets that the judges will use for evaluation.

The focus is on feedback in the form of comments; no points will be awarded. Evaluation will be provided by two judges per team. Only performed elements will be evaluated. For elements not performed, the team will not receive any feedback. All elements are optional to perform based on your own conditions and choices. It is optional whether you want to mark elements you do not perform or omit them entirely. There are no requirements for which

elements need to be included to win any of the prizes.

Evaluated scoresheets will be sent to the club at the specified email address on November 19, 2026.

Award

No team rankings. Judges will award:

- MVP (per level: Cheer Novice, Intermediate, Median, Advanced, Elite, Premier, Cheer Abilities, Masters, Performance Cheer)
- Best body positions
- Well-suited choreography
- Strong stunt technique
- Crowd pleasing cheer
- Amazing tumbling
- HIT Zero – routine

Winners, except Hit Zero Routines, receive a trophy mailed to their club's registered address.

Awards Ceremony

Results will premiere via a digital ceremony on YouTube on December 2, 2026. All clubs will be notified, and announcements made on social media.

Publication Consent

- Teams must declare in registration if they decline video publication.
- Declining = ineligible for awards.

Watch here previous years award ceremony as an example what kind of clips of routine might be shared: Award Ceremony of Digital routine Evaluation 2024

Paricipation Fee

For members of the Swedish Cheerleading Federation, the cost for each participating team is 750 SEK. For other participants the participation fee will be 100 euros. Participation fees will

be invoiced to the club.

No cancellations or refunds will be accepted, and all registered participation fees will be invoiced in full.

Registration

The link to registration is shared on our website and social media on 1st of September 2026. There is no limit to the number of teams that can register for the club.

Other Questions

Feel free to contact us about the Digital Routine Evaluation, event@cheerleading.se

We reserve the right to make changes.